

# August 2025

## H.R.JEFFERIES JR HIGH

Monday

Tuesday

Wednesday

Thursday

Friday

### Did you know?

The full moon in August is called the Sturgeon Moon, named for the sturgeon fish that were abundant in the Great Lakes at this time.

### BREAKFAST

MONDAY:  
PANCAKE  
OATMEAL

TUESDAY:  
FRENCH TOAST  
BACON  
YOGURT

WEDNESDAY:  
EGG  
SAUSAGE  
BISCUIT  
GRAVY

THURSDAY:  
BREAKFAST BURRITO

FRIDAY:  
SAUSAGE / EGG / CHEESE  
CROSSIANT

EVERYDAY OPTION:  
CEREAL  
JUICE  
FRUIT  
MILK  
CHEESESTICKS  
GRAHAM CRACKERS

"THIS PROVIDER IS AN  
EQUAL OPPORTUNITY  
PROVIDER"

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STEAK SANDWICH  
VEGGIE CUP  
OVEN FRIES  
FRUIT  
MILK

CHICKEN NUGGETS  
MAC & CHEESE  
SQUASH  
CARROTS  
FRUIT  
MILK

CHEESEBURGER  
CHIPS  
BROCCOLI  
TOMATO CUP  
FRUIT  
MILK

PHILLY CHEESESTEAK  
SANDWICH  
GARDEN SALAD  
BEANS  
PUDDING  
FRUIT  
MILK

STEAK FINGERS  
ROLL  
GRAVY  
GREEN BEANS  
CORN  
FRUIT  
MILK

CRISPY CHICKEN  
SANDWICH  
VEGGIE CUP  
COOKIE  
FRUIT  
MILK

CALZONE  
MARINARA  
BROCCOLI  
FRUIT  
MILK

BONELESS WINGS  
CHIPS  
CELERY STICKS  
CARROTS  
SHERBERT  
FRUIT  
MILK

DRUMSTICK  
BISCUIT  
GARDEN SALAD  
SWEET POTATO FRIES  
FRUIT  
MILK

PEPPERONI PIZZA  
CARROTS  
GREEN BEANS  
BROWNIES  
FRUIT  
MILK

QUESADILLA  
SALSA  
BEANS  
CUCUMBERS  
ICE CREAM  
FRUIT  
MILK

SPAGHETTI BOWL  
BREADSTICKS  
VEGGIE CUP  
GARDEN SALAD  
FRUITY GELATIN  
MILK

ASIAN BOWL  
EGG ROLL  
BROCCOLI  
CORN  
FRUIT  
MILK

CORN DOGS  
OVEN FRIES  
TOMATO CUP  
FRUIT CUP  
MILK